

Sheldon Girls Lacrosse Program

Player Code of Conduct

Participation on the Sheldon Girls Lacrosse Team is the player's choice and is a privilege, not a right. No student is required to take part in this activity. Therefore, it is imperative that all members understand the following rules and responsibilities, and acknowledge that administration, its coaches and program coordinators have every right to revoke these privileges for improper behavior. As a member of this team, the player agrees to abide by all OGLA and Sheldon High School rules.

As a member of the team, participant agrees to:

- Compete intensely on the field, but always conduct themselves in a sportsmanlike manner
- Represent themselves and their team, reflecting the highest standards of Lacrosse
- Respect officials, coaches, and opponents
- Use respectful language when emailing or texting coaches; we expect the same respect you would give to your teachers
- Refrain from using profanity or illegal tactics
- Conduct themselves according to Lacrosse rules
- Obey all rules set forth by OGLA, HS coaching staff, tournament/clinic/event organizers
- Obey laws regarding the consumption and use of Alcohol and Tobacco
- Remain free of all abusive drugs (marijuana, narcotics, steroids, Controlled Substances, etc.)
- Attend all practices and games to the best of her ability and give 48 warning to planned absences. As a player you are only allowed to miss 7 practices for a reasonable excuse.

Acknowledgment:

As a member of the Sheldon High School Girls Lacrosse Team, I agree to abide by this Code of Conduct. I understand that conduct unbecoming a member of this team may subject me to disciplinary action, including the termination of my participation.

As a member of the Sheldon High School Girls Lacrosse Team, I understand that the disciplinary action is as follows:

1st offense: I understand that I will need to participate in extra workouts. I also understand that I am suspended for three games and may not participate in practice but have to attend.

2nd offense: I understand that I am required to turn in all my team gear and may no longer be a part of the Sheldon Girls Lacrosse Team for the remainder of the season.

Signature of Participant

Date Signed

Printed Name of Participant

Expectations for Parent Support

- I pledge to support and encourage my daughter as she participates in extracurricular activities at Sheldon High School and I understand that my role as a parent is critical to the success of these activities.
- I agree to support team play and will not be overly concerned with the outcome of the activity.
- I understand that specific rules guide each activity and that necessary discipline of the participants by the coach/leader is part of the activity.
- I agree to let the coach/leader do the teaching/coaching, to respect leader/coach decisions regarding student participants and participation, and to save all questions and concerns regarding the activity or participants for a time when the atmosphere is conducive to problem-solving.
- I agree to be a positive role model for my child and to refrain from public displays of anger.
- I agree to accept officials' decisions and I understand that verbal abuse or harassment of an official could be detrimental to my daughter, the activity, the team, and the league.
- I understand that my concerns about any activity should be taken to: (1st) the coach/advisor/leader, (2nd) Matt Binkard, Sheldon Athletic Director.

Acknowledgement:

As Parent / Guardian of the above named student, I acknowledge that I have read and agree to the terms and conditions of the Code of Conduct.

Signature of Parent / Guardian

Date Signed

Printed Name of Parent / Guardian